

# **CERT Basic Training**

## **Class 208**

### **Course Pre-work Instructions**

Fairfax County Fire and Rescue Academy  
4600 West Ox Road  
Fairfax, VA 22030

**Dates: Thursdays**, 7:00 PM – 10:30 PM March 30, April 6, 13, 20, 27, May 4, 11.

The Final Exercise Saturday, May 16th, at the Lorton Workhouse Arts Center, from 9:00 - 1:30 pm.

#### **Prerequisites:**

1. Register for a [FEMA Student Identification \(FEMA SID\)](https://cdp.dhs.gov/FEMASID/register) (<https://cdp.dhs.gov/FEMASID/register>). This is required to take 2 hour pre-work course below and get a certificate. It is also required for any of the hundreds of courses available free on the FEMA Independent Study website.

2. Take the FEMA pre-work online course [IS-317 "Introduction to Community Emergency Response Team"](https://training.fema.gov/is/courseoverview.aspx?code=IS-317.a&lang=en) (<https://training.fema.gov/is/courseoverview.aspx?code=IS-317.a&lang=en>) and bring your completion certificate to the first class. This course takes about 2 hours to complete. It includes a couple of quizzes and an Exam. We recommend when you start this course that on the Course Overview page (right) you open the link (at the bottom) to access a printable version of the course (see image right). This becomes your open book for use for the quizzes and exam.

3. Register for this course at: [https://volunteer.fairfaxcounty.gov/custom/1380/#/opp\\_details/191111](https://volunteer.fairfaxcounty.gov/custom/1380/#/opp_details/191111)  
After clicking the Blue Registration button there are two options to register for this course: If you already have an account in VMS, use the "Login". If you have not created an account use the "New Volunteer" option to create an account and register for this course. By creating an account this allows you to see the courses CERT offers for our members and the public and it also allows us to see your account and document your volunteer hours.

**Arrival:** Please plan your arrival at the Fire Academy for no later than 6:45 PM. Class starts promptly at 7 PM. On the first night there is paperwork to take care of and each night after that you will need to sign in and get in your gear.

**Proper Attire:** This is an active course in a professional Fire Station. You will be on the ground and may get dirty. Please wear long pants (NO SHORTS, skirts, kilts, dresses or YOGA attire), a shirt, and closed-toed shoes (no sandals or high-heals). We recommend a long sleeve shirt. If you have long hair please bring something you can use to tie your hair back.